

# PATIENT, FAMILY, AND VISITORS



## Droplet Precautions

You or your loved one is in Droplet Precautions. These precautions prevent spread of infection between patients in hospitals. This type of infection is spread by droplets in the air.

A green sign saying “Droplet Precautions” is outside the room letting staff families, and visitors know what they can do to help keep patients safe.

### As patient, family, or visitor you must help by:

- **Checking with the nurse before entering the room for the first time.**
- Cleaning hands when you enter and leave the room.
- Wearing mask if you are in the room.
- Asking doctors and staff to wash or sanitize their hands as they enter and leave the room even if they are using gloves.
- Please do not visit if you have cold symptoms.

You will see doctors and staff doing the following:

#### Hand Hygiene

- Cleaning hands before and after caring for the patient.

#### Gloves, Gowns, Masks, Goggles

- They must wear masks when entering the room.
- Might wear gloves, gowns, and goggles while in the room and remove them on leaving.

#### Transportation

- If the patient needs to go out of the room for a test, staff will help the patient wear a mask.
- Staff will clean their hands.

***If you have additional questions about Droplet Precautions, ask your nurse.***



Washington State  
Hospital Association



Green/Yellow  
Pantone 332 C/  
Process Yellow  
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