Title V Children with Special Health Care Needs:
Children with Chronic Health Conditions Case Management Services

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What is Title V CSHCN in Arkansas?

- Title V Program for Children with Special Health Care Needs (CSHCN) is housed in the Department of Human Services, Division of Developmental Disabilities Services (DDS)
- Formerly known as Children’s Medical Services (CMS) and DDS Children’s Services
- Program name was changed to Children with Chronic Health Conditions (CHC) in June 2018
- Title V receives Maternal Child Health (MCH) federal funding for CSHCN
Definition of CSHCN

The MCH Bureau defines CSHCN as:

*Children who have or are at elevated risk for a chronic physical, developmental, behavioral or emotional condition that requires health and related services at a level beyond that which is required for the typical child*
CHC Mission Statement

To ensure that children and youth with special health care needs in Arkansas receive the services and supports necessary to achieve their greatest potential

- CHC will work together with families and medical providers to assist in addressing their concerns related to CSHCN by promoting assessment, intervention, education and coordination of services
Case Management Definition

- Medicaid-covered Title V Targeted Case Management coordinates services that assist members in accessing all medical, social, educational and other services appropriate to the individual’s needs.
- Title V Case Management includes all activities to assist families in gaining access to necessary services appropriate to the needs of their child with special health care needs.
Title V Case Management Services

- Where can families apply for Title V?
  - Hospitals
  - Schools
  - Title V community-based offices
- Families must apply annually with eligibility redetermination
Sixteen CHC Community-based Offices

- Arkadelphia
- Berryville
- Conway
- Fayetteville
- Fort Smith
- Harrisburg
- Huntsville
- Hope
- Jonesboro

- Marshall
- Mena
- Mountain View
- Pine Bluff
- Pocahontas
- Prescott
- Pulaski – Donaghey Plaza South
Title V CSHCN Eligibility Criteria

- Medical eligibility
- Financial criteria
- Under the age of 21
- Must reside in Arkansas
- Children who have been enrolled in a PASSE will not be eligible for Title V services after March 1, 2019
  - CHC staff can help families with the eligibility and enrollment process
CHC Case Management Staff

• Pediatric registered nurses serve as facilitators, educators, advocates, collaborators and counselors
  o Educate parents by explaining special education services and individualized education plans
  o Advocate by referring family to an advocacy agency when needed
  o Provide local, state and national resources

• Clerical support staff with experience in assisting families to access needed services

• All staff must be certified by DDS as having successfully completed a DDS Case Management Training Program
CHC Services

- Care coordination
  - Written assessment of child’s needs including an analysis of recommendations from medical reports
  - Development of service plan for access to care
  - Monitoring the child’s progress
  - Assisting the family to access necessary services and supports

- Assistance with applying for other funding sources, such as Medicaid, WIC, Supplemental Nutrition Assistance Program (SNAP)
Health Care Transition Activities

- Provide training for parents to increase their understanding of the importance of health care transition.
- Transition letters are sent to parents of 12- and 13-year-olds along with the following resources:
  - Bright Futures, Early Adolescence, 11-14 years, Patient and Parent Handout. Bright Futures is led by the American Academy of Pediatrics and supported by the U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau.
Health Care Transition Activities

- Partner with Got Transition, an information clearinghouse for transition resources
- Beginning at age 14, assess the Transition Health Care Readiness of youth and parents utilizing a checklist adapted from Got Transition
Health Care Transition Activities

- Network with school nurses, local education agents, special education teachers and classroom paraprofessionals to provide technical assistance and information on health care transition
  - Schools and CHC can address changing health care issues as the child ages with the child assuming greater responsibility for their health, as their disability permits
  - Learning self-advocacy skills will allow the children and youth to explain what their specific health care needs are
- Promote the Six Core Elements of Health Care Transition with parents, school personnel and primary care physicians (PCP)
Access to Care Activities

- Help parents find local pediatric health care providers such as dentists and Arkansas Medicaid personal care providers
- Connect parents to regional James L. Dennis Developmental Center (DDC) and ACH Habilitation Outreach Clinics
- CHC nurses participate in local clinics as a resource person for pediatric developmental and habilitation physicians
- Community-Based Autism Liaison and Treatment Network (CoBALT) teams will include a CHC nurse
Outreach to Build Local Health Care Infrastructure for CSHCN

- CHC continues to reach out to local PCPs and pediatric specialists in their area to inform them of ways that our nurses can help with CSHCN in their practices
- Educate physician office staff on which Arkansas Medicaid enrolled durable equipment providers are in their area
- DDC’s goal is to have centralized clinic sites in each region of the state
Collaboration with PCP and Pediatric Specialists

- Assist in obtaining medically necessary services through Early Periodic Screening Diagnosis and Treatment (EPSDT)
  - Some CSHCN with the diagnosis of autism may benefit from Applied Behavioral Analysis (ABA) therapy to address behavior or feeding issues
    - Through partnership with JLDDC and CoBALT, CHC nurses can arrange the evaluation for the suspected diagnosis of autism
  - An extension of benefits for medical supplies covered by Arkansas Medicaid can be requested
  - Physicians have questions when completing forms in the CES waiver packets for their CSHCN
Parent Advisory Council

- Parent Advisory Council (PAC) formed 28 years ago with statewide parent volunteers
- It is one of the oldest and strongest PACs in the U.S.
- Meets four times per year to offer guidance, assistance and to monitor program policies and direction
- PAC is a voice for all families of CSHCN in the state
- PAC members work with other support groups in their regions
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