Public Health Service (PHS) Guideline Based Check List
Check all that apply

☐ Current Dx of Nicotine Dependence

Ask – documented tobacco use status on progress note
☐ Current
☐ Former
☐ Never

☐ Advise – in a clear, strong, and personalized manner, urged tobacco user to quit

Assess – documented willingness to make a quit attempt
☐ Willing
☐ Unwilling – if unwilling engage patient in motivational discussion below**

Assist – aided patient in quitting
☐ Quit plan developed
☐ Problem solving/skills training provided
☐ Provide supportive clinical environment
☐ Importance of social support discussed
☐ Recommend use of appropriate pharmacotherapy
☐ Provide supplementary materials

Arrange – scheduled follow-up
☐ Referred to intensive Tobacco Dependence Treatment program (can use SOSworks Fax-back form)
☐ Follow-up visit scheduled at this office

Motivational discussion points for those patients unwilling to make a quit date:

☐ Relevance – encouraged patient to indicate personal reasons for quitting

☐ Risks – asked patient to identify negative consequences of tobacco use

☐ Rewards – asked patient to identify potential benefits of quitting

☐ Roadblocks – asked patient to identify barriers to quitting