

Public Health Service (PHS) Guideline Based Check List
Check all that apply

Current Dx of Nicotine Dependence

Ask – documented tobacco use status on progress note

- Current
- Former
- Never

Advise – in a clear, strong, and personalized manner, urged tobacco user to quit

Assess – documented willingness to make a quit attempt

- Willing
- Unwilling – if unwilling engage patient in motivational discussion below**

Assist – aided patient in quitting

- Quit plan developed
- Problem solving/skills training provided
- Provide supportive clinical environment
- Importance of social support discussed
- Recommend use of appropriate pharmacotherapy
- Provide supplementary materials

Arrange – scheduled follow-up

- Referred to intensive Tobacco Dependence Treatment program (can use SOSworks Fax-back form)
- Follow-up visit scheduled at this office

Motivational discussion points for those patients unwilling to make a quit date:

Relevance – encouraged patient to indicate personal reasons for quitting

Risks – asked patient to identify negative consequences of tobacco use

Rewards – asked patient to identify potential benefits of quitting

Roadblocks – asked patient to identify barriers to quitting