

Recognizing the harmful effects of teenage drinking

ARKANSAS' UNDERAGE ALCOHOL PROBLEM

ON AVERAGE ...

By 7th grade:



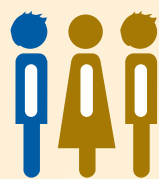
Arkansas kids **take their first drink**¹

By 8th and 9th grade:



Arkansas kids **start drinking regularly**¹

By 12th grade:



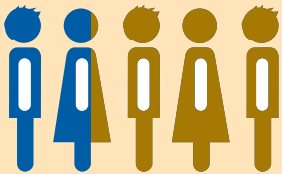
Nearly **1 out of 3** has drank in the last month¹



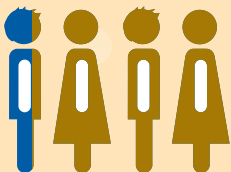
More than 1 out of 2 has consumed alcohol in their lifetimes¹

BINGE DRINKING*

**At least five drinks for boys, four drinks for girls*



- **More than 1 out of 5** Arkansas high schoolers participated in binge drinking in the past 30 days²



- **Nearly 1 out of 4** Arkansas 12th graders participated in binge drinking in the past two weeks²

DRINKING AND DRIVING



- **More than 1 out of 9** Arkansas high schoolers have driven after drinking²



- **Almost 1 out of 4** Arkansas high schoolers have ridden with a driver who was drinking²

WHAT CAN PARENTS DO?

- **Talk with your children** about alcohol as early as possible
- **Avoid drinking around children**
- **Be involved!** Attend your children's events. Get to know their friends.
- **Call 1-800-662-HELP for treatment options** if your teen has started drinking

For more information, visit preventionworksar.org and toosmartostart.samhsa.gov



REFERENCES: 1. Arkansas Prevention Needs Assessment, 2014 • 2. Center for Disease Control, Youth Risk Behavior Surveillance System, 2013

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