

Care Plan 1:

Patient: John Doe

DOB: 05/07/2000

Dr. John Smith

ID: 1234567

DOS: 05/01/2014

AGE: 13 years

**PROGRESS NOTE**

**CC:** ADHD Recheck, lower back pain

**Hx of Present Illness:** He is here for another refill on Focalin. He takes 5mg tablet in the morning, at noon and after school. He is doing well on the current dose. He eats well and sleeps well according to Mom. He has had back pain for about a week now. He doesn't remember injuring his back but is very active. No f/v/d.

**Past Medical Hx:** ADHD

**Drug Allergies:** NKDA

**Current Medications:** Focalin 5mg tablet in the morning, at noon and after school

**Physical Exam:** Ht: 62.75" Wt: 132 BP: 110/68 T: 98.0

**Mental Status:** Alert no acute distress

**Abd:** No hepatosplenomegaly, no masses, non-tender

**HEENT:** Peril, eomi, lids normal and conjunctiva

**Neck:** Supple, no lymphadenopathy, no masses, no goiter

Clear, tms normal bilaterally, oropharynx clear

**CV:** Regular rate and rhythm without murmur

**Ortho:** Muscle strain in back

**Lungs:** Clear to auscultation bilaterally, no distress or retractions

**Skin:** No rashes, no sores

**Assessment / Plan:**

**A:** ADHD, Muscle Strain

**P:** 1. Refill Focalin 5mg – take 1 tab po in the morning, at noon and after school, #90 NRF – Discussed stable status of ADHD with Mom and instructed patient and Mom to make f/u appointment in 6 mo. Mom to call office each month to request written refill of medication. Advised that if any new signs or symptoms arise to call the office.

2. Ibuprofen – 600 mg po q 6 hours atc x 48 then prn. If symptoms are not improved within 3-5 days RTC for additional f/u