

ARKANSAS TEACHER SUPPORT HELPLINE

Peer-to-Peer Listening

Supporting the Heart of Arkansas Teachers



Teaching has its challenges. Connect with experienced educators who understand and are trained to listen. Whether you're feeling overwhelmed, need help with a difficult situation, or just need to talk, our peer listeners are here to support you. Reach out and be heard by someone who's walked a path like yours.

833-NOW-PEER

(833-669-7337)

Available Monday through Friday 12 – 5 p.m.

Scan for more resources:



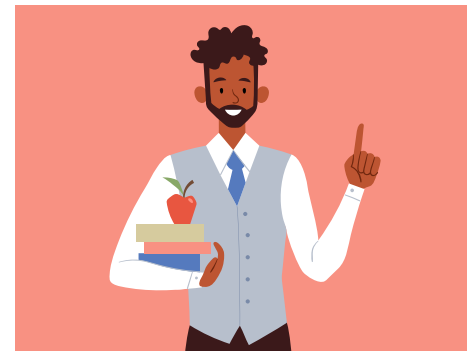
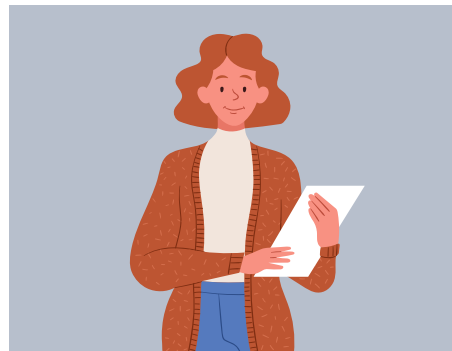
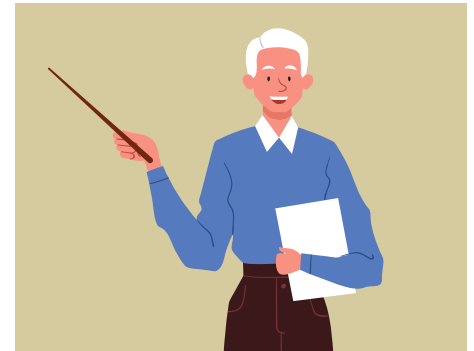
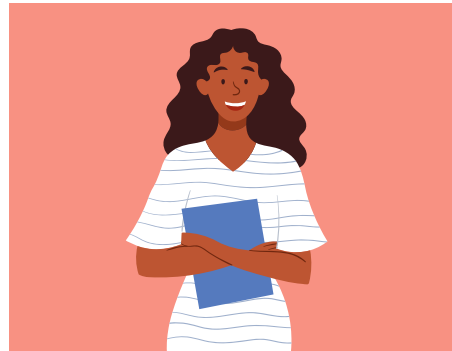
real.afmc.org/get-help



ARKANSAS TEACHER SUPPORT HELPLINE

Peer-to-Peer Listening

Supporting the Heart of Arkansas Teachers



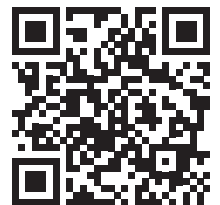
Teaching has its challenges. Connect with experienced educators who understand and are trained to listen. Whether you're feeling overwhelmed, need help with a difficult situation, or just need to talk, our peer listeners are here to support you. Reach out and be heard by someone who's walked a path like yours.

833-NOW-PEER

(833-669-7337)

Available Monday through Friday 12 – 5 p.m.

Scan for more
resources:



real.afmc.org/get-help

