

EASY CHILI POPCORN

INGREDIENTS

- 4 cups air-popped popcorn
- 1 tablespoon melted margarine
- 1 jalapeño pepper (seeded and chopped)
- 1 teaspoon chili powder
- Dash garlic powder

DIRECTIONS

1. Mix popcorn and margarine in a bowl.
2. Mix seasonings thoroughly and sprinkle over popcorn.
3. Mix well. Serve immediately.

NUTRITION INFORMATION

Serving: 1 cup | Calories: 60 | Carbohydrates: 7g | Fat: 3g | Saturated Fat: 0.5g