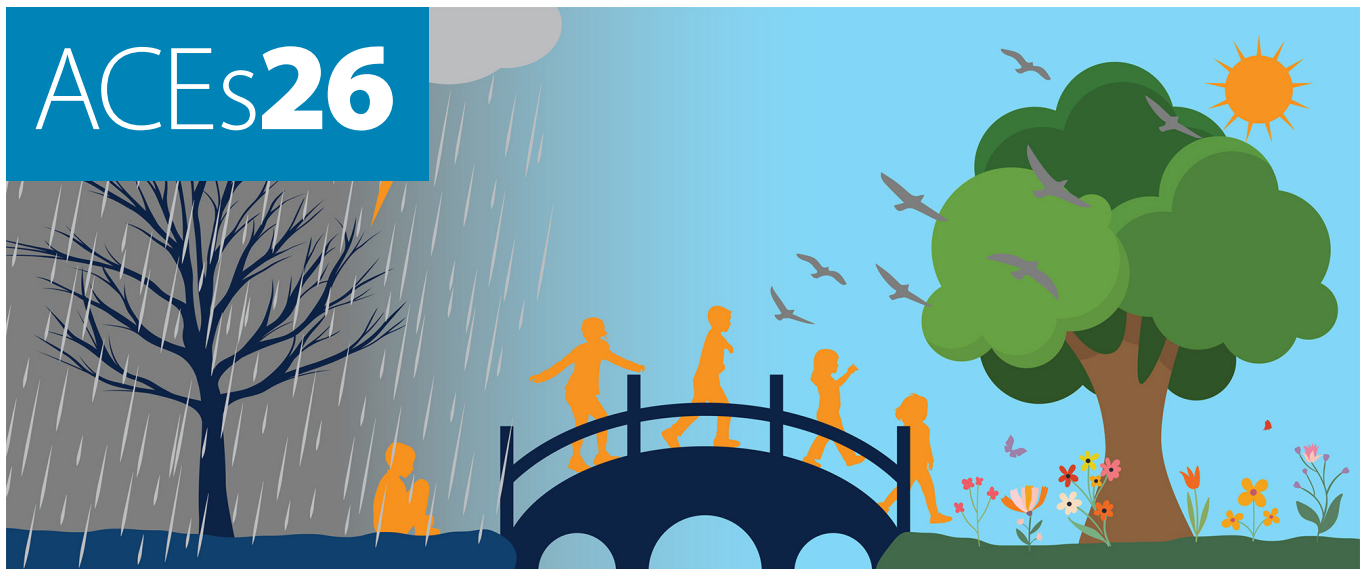


PROGRAM AGENDA

10TH ANNUAL ACES & RESILIENCE SUMMIT

From Stigma to Strength: *Healing Communities Through ACEs, PCEs, and Resilience*



THURSDAY
SEPTEMBER 17, 2026

8AM - 4PM
NORTH LITTLE ROCK EVENT CENTER

#ArACEs

DISCLOSURES

No conflicts of interest were identified for any planner or presenter.

NEED CE?

Complete the final evaluation. CEU is offered for each session. While certificates will be provided, AFMC cannot guarantee licensing board approvals. It is the responsibility of the attendee to determine what academic activities meet their licensing board approval requirements.

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THURSDAY, SEPTEMBER 17 | NLR EVENT CENTER

8:00 A.M.	REGISTRATION/BREAKFAST/EXHIBITS
8:30 A.M.	WELCOME AND OPENING REMARKS Chad Rodgers, MD Chief Medical Officer (CMO), AFMC Kristin Martin, DO Founder, River Valley Medical Wellness & Arkansas Mobile Opioid Recovery (ARMOR)
8:45 A.M.	KEYNOTE: FROM STIGMA TO STRENGTH: WHY SHAME BLOCKS HEALING Bonnie Stribling, LMSW Program Manager, Arkansas Department of Human Services (DHS) Srinivasa Gokarakonda, MD Section Chief of Psychiatry, Arkansas Children's Hospital
9:30 A.M.	EXHIBIT HALL: BREAK
9:45 A.M.	MOVIE PREMIERE: LIFT THE MASK: PORTRAITS OF LIFE WITH MENTAL ILLNESS Disclaimer: This film includes personal stories and themes related to mental illness, trauma, grief, and recovery that may be difficult for some viewers. Please take care of yourself as needed, step out if you need a moment, and reach out for support if anything in the film feels activating or overwhelming.
11:35 A.M.	NETWORKING LUNCHEON
12:05 P.M.	AWARD PRESENTATIONS
1:00 P.M.	PCEs IN ACTION: PROTECTIVE EXPERIENCES THAT CHANGE OUTCOMES Lisa Albuja, PhD Co-Owner & Clinical Director, Center for Psychiatric Trauma & Mental Health
1:45 P.M.	EXHIBIT HALL: BREAK
2:00 P.M.	RESILIENT ARKANSAS: WHAT'S WORKING IN OUR COMMUNITIES PANEL Justin Buck Executive Director, Wolfe Street Foundation Nicole Walton, SANE Founder & Executive Director, Monarch 61 Eric Gilmore Founder & CEO, Immerse Arkansas Hanna Windley Supervisor, Community Projects, AFMC
4:00 P.M.	CLOSING REMARKS & DOOR PRIZES Chad Rodgers, MD Chief Medical Officer (CMO), AFMC

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BIOGRAPHIES



Lisa Albuja, PhD | Co-Owner & Clinical Director, Center for Psychiatric Trauma & Mental Health

Lisa is co-owner and clinical director of the Center for Psychiatric Trauma & Mental Health (CPTMH). She holds a PhD in the Philosophy of Psychology with a Specialization in Trauma and Disaster Relief, a Master of Science in Clinical Mental Health Counseling from the University of Arkansas, and Conflict Resolution certification from the University of Arkansas at Little Rock. She also trained through Stanford University to become an Empowered Relief Certified Instructor. Lisa is a licensed professional counselor (LPC), a Certified Clinical Trauma Professional (CCTP), a Certified Youth Trauma Professional (CYTP), and a Certified Family Trauma Professional (CFTP). She often speaks locally to stakeholders and parents on Adverse Childhood Experiences (ACE) and Intergenerational Transmissions of Trauma (ITT). Lisa developed the ASH Program and the ASH Program for Shared Parenting. She was awarded the 2016 ARBEST Clinician of the Year and has also authored a book entitled *The Relocation of Life*. In 2022, Lisa completed a Qualitative Case Study entitled, *A Case Study on the Efficacy of a Parent Intervention Program called the ASH (Accountability Starts Here) Program on High-Risk Families* and in July of this year began a descriptive study involving ACE and autoimmune disorders.



Justin Buck | Executive Director, Wolfe Street Foundation

Justin Buck is the Executive Director of the Wolfe Street Foundation in Little Rock, Arkansas, one of the South's leading Recovery Community Organizations.

Over the past decade, Justin has been working with nonprofits of all sizes to scale their impact. At Wolfe Street, Justin and his team have established a statewide network that connects people with recovery housing, peer support, and youth empowerment programs that meet them where they are.

His leadership at Wolfe Street centers on one belief: recovery isn't just about getting better - it's about building a life of purpose, belonging, and growth.



Eric Gilmore | Founder & CEO, Immerse Arkansas

Eric Gilmore is the executive director of Immerse Arkansas and is passionate about providing youth with a path from crisis to transformation. He and his wife launched Immerse 13 years ago after serving as house parents to teens in foster care and seeing firsthand the challenges of "aging out" of the system.



Srinivasa Gokarakonda, MD | Section Chief of Psychiatry, Arkansas Children's Hospital

Dr. Gokarakonda is an Associate Professor of Psychiatry and a triple board-certified physician in Adult Psychiatry, Child and Adolescent Psychiatry, and Addiction Medicine. He serves as Section Chief of Psychiatry at Arkansas Children's Hospital and Associate Division Director of Child and Adolescent Psychiatry.

After completing his residency in Adult Psychiatry and a fellowship in Child and Adolescent Psychiatry, he joined the faculty at the University of Arkansas for Medical Sciences (UAMS) and Arkansas Children's Hospital in 2019. He is passionate about supporting children with developmental disabilities and helping adolescents and adults navigate recovery from substance use disorders. At UAMS, he provides addiction treatment through the Center for Addiction Services and Treatment and the Six Bridges Clinic, working to make evidence-based care more accessible to individuals and families affected by substance use disorders.



Kristin Martin, DO | Founder, River Valley Medical Wellness & Arkansas Mobile Opioid Recovery (ARMOR)

Kristin Martin is an accomplished osteopathic physician and addiction medicine specialist whose career reflects a profound commitment to addressing the opioid crisis and improving healthcare access in underserved communities. She earned her medical degree from Oklahoma State University, where she conducted research in neuropharmacology with a focus on opioid receptors.

Early in her career, Dr. Martin served as an emergency room physician in multiple rural areas across Arkansas. Her dedication led her to become the ER Medical Director at Saint Mary's Regional Medical Center, where she implemented initiatives to enhance patient care.

In 2020, recognizing the critical need for comprehensive addiction and mental health services, Dr. Martin founded River Valley Medical Wellness. This integrated healthcare clinic bridges gaps in care and has served over 4,000 patients across Arkansas.

Continuing her mission to make high-quality healthcare accessible to all, Dr. Martin launched Arkansas Mobile Opioid Recovery (ARMOR) in April 2024. ARMOR takes mobile clinics directly into rural Arkansas communities, providing comprehensive, compassionate care to individuals and families affected by opioid addiction. The ARMOR team, composed of addiction medicine specialists, counselors, and peer recovery support staff, is dedicated to guiding patients toward lasting recovery.

Dr. Martin's impactful work during the opioid crisis garnered national attention. She was featured in the PBS documentary "7 Days: The Opioid Crisis in Arkansas," directed by Nathan Willis, which received two Emmy Award nominations.



Chad Rodgers, MD | Chief Medical Officer (CMO), AFMC

Dr. Rodgers is a board-certified pediatrician and physician at Little Rock Pediatric Clinic. He received his medical degree from the University of Arkansas for Medical Sciences and completed his residency at Arkansas Children's Hospital, where he also served as chief resident of pediatrics. He has served as president of the Arkansas chapter of the American Academy of Pediatrics and as a member of the board of directors of the Arkansas Medical Society. Dr. Rodgers served on AFMC's board of directors from 2011 until 2015, when he resigned to become AFMC's chief medical officer.



Bonnie Stribling, LMSW | Program Manager, Arkansas Department of Human Services (DHS)

Bonnie graduated from the University of Arkansas at Little Rock with a concurrent master's degree in social work and public services from the Clinton School in 2023. She currently works for the Department of Human Services (DHS) as a Program Manager for prevention and in-home programs at the Division of Children and Family Services.

She has worked for DHS for five years, targeting youth within the criminal justice system and building the first peer recovery support program for the Division of Youth Services; managing and empowering community programs that service pregnant women and women with children who have faced challenges related to substance use disorder for the Office of Substance Abuse and Mental Health. Bonnie also has had key roles in the development of programs that utilize federal and state grants as well as Medicaid to assist with recovery support services for Arkansans over the last few years, and her greatest passion is being a part of a team within a larger system that partners with community stakeholders to implement life-saving changes for families across the state.

Bonnie is also a mother, as well as a person with lived experiences as a woman in recovery. She spends much of her time with other women in the community who face similar challenges in picking up the pieces from trauma and reshaping their lives.



Nicole Walton, SANE | Founder & Executive Director, Monarch 61

Nicole is the Founder of Monarch 61 Project and the visionary behind OASIS: The Emotional Health Conference for Professionals. Her work centers on helping women and caring professionals reclaim their voice, identity, and emotional authenticity after trauma. With over seven years of experience as a forensic nurse, Nicole has walked closely with survivors in some of their most vulnerable moments. In addition to her clinical work, she spent more than a decade traveling, researching, and learning from organizations serving survivors of domestic violence, sexual assault, and trafficking, gaining deep insight into both crisis response and the long-term gaps in restorative care. Nicole holds a business degree and a Bachelor of Science in Nursing, bringing both strategic leadership and trauma-informed clinical expertise to her work. As a survivor herself, she understands the complex layers of shame, guilt, and disconnection that often follow trauma. She also understands the power of restoration. Founded in August 2020, Monarch 61 Project was created to walk with women and girls beyond crisis and into healing through creativity, connection, and community. Monarch 61 opened a 4,000-square-foot trauma-informed healing space dedicated to long-term restoration. Nicole also founded OASIS, a first-of-its-kind emotional health conference in Arkansas designed to support nurses, counselors, advocates, ministers, and leaders in sustaining their work and preventing burnout.



Hanna Windley | Supervisor, Community Projects, AFMC

Hannah Windley holds a Master of Public Administration degree with an emphasis in nonprofit management from the University of Arkansas at Little Rock. She is the current project director of AFMC's 2023 SAMHSA AWARE grant and the Arkansas Foundation for Medical Care – Communities In Schools (AFMC-CIS) Program Manager, supervising 10 school-based site coordinators (SBSCs) across Earle, Hamburg, Hazen, Marion, and Searcy school districts. She is responsible for all oversight, training, and guidance of the AFMC-CIS SBSCs. Windley also oversees all FERPA data management, protections, and reporting for the AFMC-CIS program. Windley previously worked as the AFMC project director for the Arkansas Good Medicine (AGM) Fellowship program, funded by the HRSA Primary Care Training Enhancement grant (2019 -2023), and as the AFMC grant analyst for the Arkansas Department of Health Substance Use Disorder (ADH SUD) grant (2020-2022).

AWARDS



PACES
RESILIENCE
AWARD



Winner:

Micah Mental Health Awareness Inc.

The PACES Resilience Award was established in 2023. It recognizes a local 501(c)(3) non-profit organization addressing adverse childhood experiences, creating or supporting positive childhood experiences, and contributing to building resilience for children and families in Arkansas.



RISE
AWARD

ARKANSAS ADVERSE
CHILDHOOD
EXPERIENCES (ACEs)
COALITION



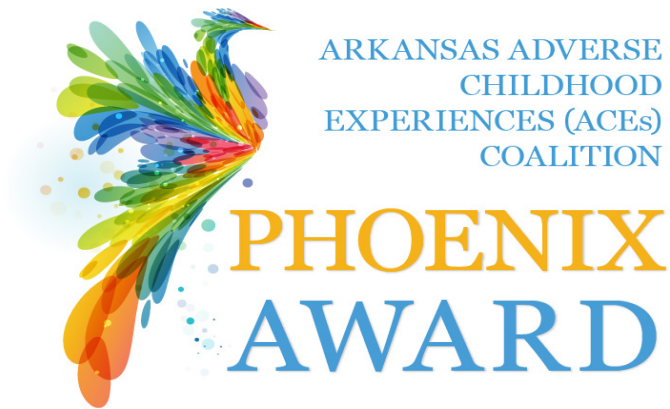
Winner:

Hilary McDowell

The Rise Award is inspired by the poem Still I Rise written by native Arkansan Maya Angelou.

The Rise Award honors an individual who demonstrates resilience in action and uses their life experience to foster resilience in others.

In essence, the honoree has "beat the odds" to overcome difficult obstacles such as abuse, neglect, family dysfunction, or poverty.

**Winner:**

Britney Finley | Executive Director, Rachel's House

The Phoenix Award was established in 2018. It is named for the mythical bird phoenix that is reborn from its own ashes, signifying the recipient's unselfish, lasting impact to raise awareness about and mitigate the impact of Adverse Childhood Experiences (ACEs) and Adverse Community Experiences (ACEs)—“a pair of ACEs”—in Arkansas.

The Phoenix Award recognizes an exceptional educator, businessperson, policymaker, community leader, or advocate who, through their professional role, is dedicated to improving the lives of children and families across our state.

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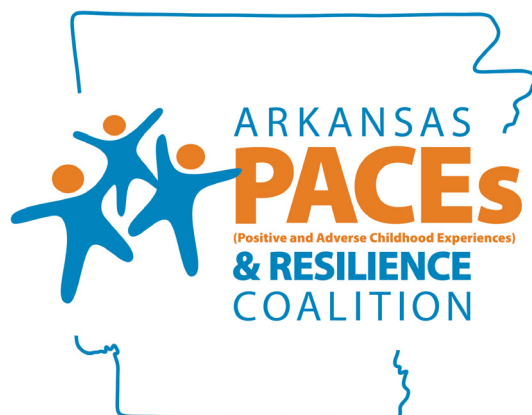


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